

“Teen Sport Cup”, First Edition – 2012



FUNDAȚIA PENTRU TINERET
A MUNICIPIULUI BUCUREȘTI

Description of the project including the project's goal

Project's goal: to enhance youngsters' mental and physical health.

The project was aimed at encouraging the youth to practice sports in their everyday life. It targeted the Bucharest and Ilfov County High Schools

Activities:

- sports competitions with mixed participation: boys/girls;
contests of: mini football, football tennis, tennis, ping pong.

Project Partners: - Ilfov County Directorate of Sports and Youth, Sports for All Association of the Ilfov County, Universal Top Construct, Curierul National Newspaper.

Youngsters involved: 45

Project's objectives, activities and achievements

Project's objective: to raise youngsters' awareness regarding key health issues impact on young people, e.g. mental health and physical health.

The 45 participants formed mixed teams of boys and girls and participated to different sports competition: mini football, football tennis, tennis, ping pong.

Gashka team won cups in mini football, tennis and ping pong. The team of high school “Th. Pietraru”-Branesti won the cup in football tennis.

The sport yard and equipment were ensured by Bucharest Youth Foundation.

The game supervising was ensured by Sports for All Association of the Ilfov County. Cups, medals and diplomas were ensured by Ilfov County Directorate of Sports and Youth.

How young people were involved

In 2011 the BCS Company realized a national research on youth issues. The questionnaire was realized by a researcher of Bucharest Youth Foundation. As a result of this research it is stipulated that one of the major needs of youngsters in Romania is the organizing of sport competitions. By this project we answered to one of the youngsters' needs.

Project funding

Bucharest Youth Foundation ensured the major part of the budget. Here are other contributions of the project partners:

- 1) SC “Brotac medical Center” SRL : medical assistance during competition;
- 2) Ilfov County Directorate of Sports and Youth : medals and cups for the winners.
- 3) Sports for All Association of the Ilfov County: the Sports for All Animators
- 4) Universal Top Construct: the sport yard for the competitions.

Project's connections to national or international environment processes

This project was included in the events dedicated to the National Week of the Young People, between 2 and 8th of May 2012.

Project's connections to national or international health processes

This project was included in the events dedicated to the National Week of the Young People, between 2 and 8th of May 2012.

Follow up, outcomes and future plans

**This project was included in the events dedicated to the National Week of the Young People.
It will be continued by BYF, every year, on the same occasion.**